

# Connections LIVE: September 2023 Yates

Facebook @ Rounded Recovery 833-4-FLACRA, Option 5 20 Maiden Ln. Penn Yan



A FLACRA PROGRAM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MORNING</b>	Closed See you tomorrow! <b>**NARCAN Trainings Available Daily Upon Request**</b>	Open 9am-5pm 9am Breakfast Club 12pm Manifesting Monday's - setting and achieving goals.	Open 9am-8pm 9am Coffee Chat 10:30am Art in Recovery	Open 9-5p 9am Breakfast Club 12pm Spirituality in Recovery	Open 9am-5pm 9am Coffee Chat 10:00am Supportive Living Group	Open 9am-5pm 9am Breakfast Club 12pm Boundaries in Recovery	Closed See you Monday!
<b>AFTERNOON</b>	See you tomorrow!	1pm Spirituality Mondays with Tom 2pm Narcan Training	12pm Holistic Health & Wellness* 1pm Co-Dependent No more	1pm Self Care in Recovery 2pm Narcan training *	12pm Learn to Cope 1:30pm Ted Talk Thursdays	1pm Recovery Music 2pm Mindfulness *	See you Monday!
<b>EVENING</b>	See you tomorrow!	2:30-5 Afterschool hangout -games	4pm Happy Hour 6:30pm-8pm NA Meeting	4pm Wellness Connection *	4pm Journaling	2:30-5 Afterschool hangout -meditation & mindful art	See you Monday!

\*Indicates available on Zoom Link to register for any group: [https://flacra-org.zoom.us/meeting/register/tJUdemurT8vH9b008pnYNonmmgEygdtOt\\_IK](https://flacra-org.zoom.us/meeting/register/tJUdemurT8vH9b008pnYNonmmgEygdtOt_IK)

Zoom Phone Access: 1-929-205-6099/Meeting ID: 911 2063 4552 PW: 190397