

# Connections Begin LIVE: June 2024

Facebook @ Rounded Recovery 833-4-FLACRA, Option 5 324 W. Union St, Newark



	S	M	T	W	Th	F	S
	Open 1-7pm 7-Days a week	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon
AFTERNOON	<b>3:30pm</b>  <b>Skill Building</b> 6/2: Goal Mapping 6/9: De-Escalation 6/16: Strengths 6/23: How To Ask Adults For Help 6/30: Coping Skills	<b>3:30pm</b>  <b>Health &amp; Wellness</b> 6/3: Food = Fuel 6/10: Emergency Plan 6/17: Self-Care 6/24: Emergency Plan	<b>3:30pm</b>  <b>Family</b> 6/4: Family Bonds 6/11: Boundaries 6/18: Family Dynamics 6/26: Respecting Decisions	<b>3:30pm</b>  <b>Youth Peer Support</b> 6/5: Point of View 6/12: Impulsivity 6/19: Juneteenth 6/26: Teen Self - Empowerment	<b>3:30pm</b>  <b>Health &amp; Wellness</b> 6/6: MH Q&A 6/13: Stress Mgmt 6/20: Change Talk 6/27: Overcoming Fears	<b>3:30pm</b>  <b>Family</b> 6/7: Family Pressures 6/14: What is Family? 6/21: Family Bonds 6/28: Improved Communication	<b>3:30pm</b>  <b>Youth Peer Support</b> 6/1: Acceptance 6/8: YOU be <u>You</u> 6/15: <i>Unity Fest</i> 6/22: Positive Affirmations 6/29: Team Building
	<b>5:30pm</b>  <b>Youth Peer Support</b> 6/2: Safe Space 6/9: What's <i>Your</i> Why 6/16: Find the Lesson 6/23: Are you a Bully? 6/30: It's all Connected	<b>5:30pm</b>  <b>Education &amp; Training</b> 6/3: Implicit Bias 6/10: SMART Goals 6/17: Safe Space 6/24: Recognizing Behaviors  <b>CHHUNY</b> Resource 4-5pm	<b>5:30pm</b>  <b>Health &amp; Wellness</b> 6/4: LGBTQIA+ 6/11: Resiliency 6/18: How to Cope 6/26: Stress Management	<b>5:30pm</b>  <b>Skill Building</b> 6/5: Life Skills 6/12: Hear w/Eyes 6/19: Guess Emotions 6/26: Living in Balance  <b>Education &amp; Training (Community):</b> <b>NARCAN Training</b>	<b>5:30pm</b>  <b>Education &amp; Training</b> 6/6: Screen Time 6/13: Erase Stigma 6/20: Youth Safety 6/27: Cultural Competency	<b>5:30pm</b>  <b>Youth Peer Support</b> 6/7: Team Building 6/14: Open Share 6/21: Friendships 6/28: We <u>ARE</u> the Future  <b>6/28: Girls uNite</b> 4-7pm	<b>5:30pm</b>  <b>Skill Building</b> 6/1: Gratitude 6/8: Strengths 6/15: Say Something 6/22: Manifesting 6/29: Setting Intention
EVENING							

Link to register for any group: <https://flacra-org.zoom.us/j/86979922016?pwd=VGJCeWpmeDVjNCtrZktxZkxsMy9PQT09>

Meeting ID: 869 7992 2016

Passcode: 762646