

Connections Begin LIVE: October 2024

Facebook @ Rounded Recovery 833-4-FLACRA, Option 5 324 W. Union St, Newark, NY 14513



	S	M	T	W	Th	F	S
<p>Open 1-7pm 7 days-week</p>	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon
<p>3:30pm Education & Training</p> <p>10/6 NARCAN Safety 10/13 Cyber Safety 10/20 Local Resources 10/27 Being Responsible</p>	<p>3:30pm Health & Wellness</p> <p>10/7 We ALL Need Break 10/14 Invisible Scars 10/21 Facing Fears 10/28 Awareness of All</p>	<p>3:30pm Skill Building</p> <p>10/1 Resilience 10/8 Public Transportation 10/15 Strengths 10/22 Problem Solving 10/29 Solution Driven</p>	<p>3:30pm Youth Peer Support</p> <p>10/2 Point of View 10/9 Ice Breakers 10/16 Eye Contact 10/23 Kurious Kidz 10/30 Hope & Healing</p>	<p>3:30pm Health & Wellness</p> <p>10/3 Mental Health is Health 10/10 Getting Comfortable 10/17 We ALL Need Breaks 10/24 What's a Crisis? 10/31 Safety Plan</p>	<p>3:30pm Youth Peer Support</p> <p>10/4 What's Your Why? 10/11 Peer 2 Peer Support 10/18 Common Connection 10/25 Uplift One Another</p>	<p>3:30pm Family</p> <p>10/5 Addiction in My Family 10/12 Shared Decision Making 10/19 Accountability Partners 10/26 Costume Contest</p>	
<p>4:30pm Family</p> <p>10/6 Learned Behaviors 10/13 Generational Trauma 10/20 Are We OK? 10/27 Breaking the Cycle</p>	<p>4:30pm Youth Peer Support</p> <p>10/7 Power Shuffle 10/14 Y-O-U 10/21 Let's Talk 10/28 Safe Space</p>	<p>4pm Health & Wellness</p> <p>10/1 FLCH My Body, My Choice 10/8 CHHUNY Resource 10/15 FLCH My Body, My Choice 10/22 CHHUNY Resource 10/29 FLCH My Body, My Choice</p>	<p>4:30pm Skill Building</p> <p>10/2 De-escalation 10/9 Anger Mgmt 10/16 Acceptance 10/23 Life Skills 10/30 Youth Safety</p>	<p>4:30pm Youth Peer Support</p> <p>10/3 Team Trivia 10/10 Parents Night 4-6 10/17 Roll with Gratitude 10/24 Affirmation Web 10/31 Safety in a Group</p>	<p>4:30pm Education & Training</p> <p>10/4 Cultural Competency 10/11 Goal Mapping 10/18 What is a Bully? 10/25 Erase the Stigma</p>	<p>4:30pm Skill Building</p> <p>10/5 SMART: Goals 10/12 Living in Balance 10/19 SMART: Change Plan 10/26 Team Building</p>	
<p>5:30pm Skill Building</p> <p>10/6 Modifying Behaviors 10/13 Resume Building 10/20 Communication 10/27 Road Safety</p>	<p>5:30pm Family</p> <p>10/7 Imagine That! 10/14 Upcycling Education & Training 10/21 LGBTQIA+ 10/28 NARCAN (Public)</p>	<p>5:30pm Youth Peer Support</p> <p>10/1 Social Media Angst 10/8 Natural Helpers 10/15 Nurturing Friendships 10/22 Positive Affirmations 10/29 We ARE the Future</p>	<p>5:30pm Health & Wellness</p> <p>10/2 Good Boundaries 10/9 Change Talk 10/16 Fitness 10/23 Self-Care 10/30 Oral Health</p>	<p>5:30pm Youth Peer Support</p> <p>10/3 Empowering Others 10/10 Cultural Competency 10/17 We Are Connected 10/24 Floating Hula Hoop 10/31 See/Say Something</p>	<p>5:30pm Skill Building</p> <p>10/4 3-Coping Skills 10/11 Job readiness 10/18 Weaknesses 10/25 Decisions & Consequences</p>	<p>5:30pm Health & Wellness</p> <p>10/5 Recognizing Self-Harm 10/12 Mind, Mood & Emotions 10/19 Guided Meditation 10/26 Sugar & Sweets Trivia</p>	

Link to register for any group: <https://flacra-org.zoom.us/j/86979922016?pwd=VGJCeWpmedVjNCTRZktZkxsmY9PQT10>

Meeting ID: 869 7992 2016 Passcode: 762646

10/26: Halloween Party 2-5pm