

# August 2023



July '23							September '23							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1							1	2
2	3	4	5	6	7	8	3	4	5	6	7	8	9	
9	10	11	12	13	14	15	10	11	12	13	14	15	16	
16	17	18	19	20	21	22	17	18	19	20	21	22	23	
23	24	25	26	27	28	29	24	25	26	27	28	29	30	
30	31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED	10a-4:30p	9a-4:30p	9a-4:30p	9a-7p	9a-9p	12p-5p
30	31	<b>1</b> 10a NARCAN TRAINING 12p Emotional Regulation 3p Member's Choice	<b>2</b> 1p Meditation 1:30p Mindful Art 3p Healthy Relations w/ Safe Harbors 7p DHARMA	<b>3</b> 10a Adventures w/ Gene 1:30p Member's Choice 7p Women's AA mtg*	<b>4</b> 2p Mindful Art 3p Express Yourself! 5p Friday 'FUN' Night!!	<b>5</b> 12p Helping Hands 2p Hour of Hope*
<b>6</b> STAFF MEETINGS HELD DAILY 1PM	<b>7</b> 10a Momentum Mondays 12p Book Club 3p The Power of Aroma	<b>8</b> 10a NARCAN TRAINING 12p Emotional Regulation 3p Member's Choice	<b>9</b> 1p Meditation 1:30p Mindful Art 7p DHARMA	<b>10</b> 10a Adventures w/ Gene 1:30p Member's Choice 7p Women's AA mtg*	<b>11</b> 2p Mindful Art 3p Express Yourself! 5p Friday 'FUN' Night!!	<b>12</b> 12p Helping Hands 2p Hour of Hope*
<b>13</b> NARCAN TRAINING AVAILABLE DAILY	<b>14</b> 10a Momentum Mondays 12p Book Club 3p The Power of Aroma	<b>15</b> 10a NARCAN TRAINING 12p Emotional Regulation 3p Member's Choice	<b>16</b> 1p Meditation 1:30p Mindful Art 3pm Healthy Relations w/ Safe Harbors 7p DHARMA	<b>17</b> 10a Adventures w/ Gene 1:30p Member's Choice 7p Women's AA mtg*	<b>18</b> 2p Mindful Art 3p Express Yourself! 5p Friday 'FUN' Night!!	<b>19</b> 12p Helping Hands 2p Hour of Hope*
<b>20</b>	<b>21</b> 10a Momentum Mondays 12p Book Club 3p The Power of Aroma	<b>22</b> 10a NARCAN TRAINING 12p Emotional Regulation 3p Member's Choice	<b>23</b> 1p Meditation 1:30p Mindful Art 7p DHARMA	<b>24</b> 10a Adventures w/ Gene 1:30p Member's Choice 7p Women's AA mtg*	<b>25</b> 2p Mindful Art 3p Express Yourself! 5p Friday 'FUN' Night!!	<b>26</b> 12p Helping Hands 2p Hour of Hope*
<b>27</b> WALK INS ARE WELCOME!	<b>28</b> 10a Momentum Mondays 12p Book Club 3p The Power of Aroma	<b>29</b> 10a NARCAN TRAINING 12p Emotional Regulation 1p Gambling- CAAFL 3p Member's Choice	<b>26</b> 1p Meditation 1:30p Mindful Art 3p Healthy Relations w/ Safe Harbors 7p DHARMA	<b>27</b> 10a Adventures w/ Gene 1:30p Member's Choice 7p Women's AA mtg*	<b>28</b> 2p Mindful Art 3p Express Yourself! 5p Friday 'FUN' Night!!	<b>29</b> 12p Helping Hands 2p Hour of Hope*
<b>30</b>	<b>31</b> 10a Momentum Mondays 3p The Power of Aroma	<p style="text-align: center;"><b>Groups are now available in person! *Indicates also available on Zoom</b></p> <p style="text-align: center;">Link to register for any group: <a href="https://flacra-org.zoom.us/meeting/register/tZYrcu6srTwqHteXZvBccGmqOtL7q_Tm_1q6">https://flacra-org.zoom.us/meeting/register/tZYrcu6srTwqHteXZvBccGmqOtL7q_Tm_1q6</a></p> <p style="text-align: center;">Meeting id: 82657437043   Passcode: 783479</p>				