

Connections LIVE: June 2025 Yates Connections

Facebook @ Rounded Recovery 833-4-FLACRA, Option 5 20 Maiden Ln. Penn Yan



A FLACRA PROGRAM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MORNING	Closed See you tomorrow! **NARCAN Trainings Available Daily Upon Request**	Open 9am-5pm 9am Mantra Meditation* / 9am- Morning Connections 10a- Spiritual/Grateful AF Group	Open 9am-8pm 9am Gentle Yoga* 9am Morning Connections 10am-Par For the Course 11am- Dear Universe/ Spiritual/Grateful AF Group	Open 9-5p 9am Functional Fitness* / 9am Morning Connections 10 am- Spiritual/Grateful AF	Open 9am-5pm 9am Tai Chi* 9am- Morning Connections 10am- Dear Universe 11am- Spiritual/Grateful	Open 9am-5pm 9am Moving Meditations* 9am- Morning Connections 10am- Spiritual/Grateful AF Group	Open 9am-5pm 9:00am- Morning Connections 12:30pm- Back to Basics Meeting
AFTERNOON	See you tomorrow!	1pm-Tootles Around Town with Tom 1pm- Junk Journaling 2:30pm- Afterschool Hangout 3pm- Junk Journaling	12pm Holistic Health & Wellness* 1pm- Recovery through Art Group 3pm- Afterschool Hangout	1pm- Tootles around Town with Tom 1pm- Junk Journaling 2:30pm- Afterschool Hangout	1pm Par For The Course 1pm- Recovery through Art Group 3pm- Afterschool Hangout	2pm Mindfulness * 1pm- Tootles Around Town with Tom 1pm- Junk Journaling 3pm- Afterschool Hangout	

EVENING

See you tomorrow!

5pm- Recovery
Dharma/NA