








Connections Begin LIVE: March 2023

Facebook @ Rounded Recovery 833-4-FLACRA, Option 5 324 W. Union St, Newark



A FLACRA PROGRAM

	 S	 M	 T	 W	 Th	 F	 S
MORNIN	Open 1-7pm 7-Days a week	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon	See you this afternoon
AFTERNOON	3:30pm Collateral/Family: 3/5 Safety & Action Planning 3/12 Family Dynamics 3/19 Setting Intention 3/26 Family Culture	3:30pm Recovery & Peer Support (Youth): 3/6 Evolving Empowerment 3/13 We ARE the future 3/20 Peer 2 Peer Support 3/27 Kurious Kidz Every Monday 4pm YANA via Zoom	3:30pm Education & Training: 3/7 Erase the Stigma 3/14 LGBTQIA+ 3/21 Natural Helpers 3/28 See Something, Say Something	4pm Health & Wellness: My Body, My Choice (FLCH- Mackensie)	3:30pm Recovery Enhancement/Skills Building: 3/2 Emotion Regulation 3/9 Empowering Others 3/16 Solution Driven 3/23 De-escalation 3/30 SMART Recovery	3:30pm Other: 3/3 St. Pat's Crafts 3/10 Meaningful Music 3/17 Lucky Trivia 3/24 Game Time 3/31 Member's Choice	3:30pm Collateral/Family: 3/4 Family Navigation Q & A 3/11 Family Sculpting 3/18 Game Night 3/25 Talent Show
EVENING	5:30pm Education & Training: 3/5 Resource Collab 3/12 Common Connection 3/19 History & Heritage 3/26 Legends & Legacies	5:30pm Health & Wellness: 3/6 Change Talk 3/13 Mind, Mood & Emotions 3/20 Constructive Criticism 3/27 Mental Health Q&A	5:30pm Collateral/Family: 3/7 Improved Communication 3/14 Anonymous Post-It's 3/21 Greif & Loss 3/28 What is Family	5:30pm Other: 3/1 Mindfulness 3/8 Code of Conduct 3/15 Ted Talk 3/22 Member's Choice 3/29 Spirituality	5:30pm Education & Training (Community): NARCAN Training	5:30pm Recovery & Peer Support (Youth): 3/3 Y.O.U. 3/10 What's Your Why 3/17 Feast or Famine? 3/24 Safe Space 3/31 Positive Affirmations	5:30pm Recovery Enhancement/Skills Building: 3/4 Point of View 3/11 Team Building 3/18 Goal Mapping 3/25 Gratitude

Link to register for any group: <https://flacra-org.zoom.us/j/86979922016?pwd=VGJCeWpmeDVjNCtrZktxZkxsMy9PQT09>

Meeting ID: 869 7992 2016

Passcode: 762646